SCHEDULE

Thursday, November 6th, 2008

- *Athlete Registration/Race Package Pick Up* at Henderson Multigenerational Ctr 12pm to 5pm

Friday, November 7th, 2008

- *Athlete Registration/Race Package Pick Up* at Henderson Multigenerational Ctr 12pm to 5pm
- *Silver Strip Expo* located at Henderson Multigenerational Ctr will open from 12pm to 5pm.
  The Silver Strip will include local and national vendors, autograph signings and triathlon specific seminars.
- *Dave Scott Autograph Session* 2pm-3pm in the Silver Strip Expo.
  Come and meet "The Man" Dave Scott.
- *Hammer Nutrition Clinic:* 3pm-4pm Topics will include: Pre and Post racing nutrition by Steve Born of Hammer Nutrition.
- *City of Henderson Pasta Dinner* at Henderson Convention Ctr 6:00 - 8:30pm. Guest Speaker Six-Time Hawaii Ironman Champion Dave Scott and Ten-Time Iron Man Champion Chris McCormick, along with Special Guests from Operation Rebound and the Challenged Athletes Foundation. Athletes eat free and guest tickets are $25. Tickets for guests can be purchased online during athlete registration, or during the event at the Silverman Expo Store. Tickets can also be purchased at the door for $30, cash only please.

Saturday, November 8th, 2008

- *Pancake Breakfast* 8am to 10am for Volunteers, Sponsors and Athletes, sponsored by the The Church of Jesus Christ of Latter-day Saints, Nevada
- *Swim Course Set Up* at Hemenway Harbor: Swim course will be closed to swimming until race day. Swimming the race course prior to race day will result in automatic disqualification.
- *Silver Strip Expo* located at Henderson Multigenerational Ctr will open from 8am to 5pm
- Last Chance for athletes to check in 8am-12pm. No exceptions! Keep in mind that we will have a limited crew handling registration on that day so please do not wait until Saturday to register unless you absolutely cannot make Thursday or Friday registration!
- *All Athletes Mandatory Bikes and Bike/Run Gear Bags Check In* from 8am to 4pm at Lake Mead (Hemenway Harbor). This is also the location of the swim start and T1 (Please note there will be a $5 fee per car to enter the National Park for a 7-day pass). This schedule also applies to relay teams. Athletes will not be permitted to bring bikes in the T1 location on Race Day. Bikes and gear bags must be in place by 4pm on Saturday.
- *LuLulemon yoga* stretch and warm-up 8am to 9am presented by LuLulemon Athletica
- *Dave Scott Autograph Session* 9am-10am in the Silver Strip Expo.
  Come and meet "The Man" Dave Scott.
- *Chris McCormick Autograph Session* from 10am-11:00am in the Silver Strip Expo.
  Come and meet the Ten-time Iron Man Champion.
- *Hammer Nutrition Clinic:* 11am-12pm Topics will include: Pre and Post racing nutrition by Steve Born of Hammer Nutrition•
  Dave Scott Silverman Triathlon Course Review: Located in the Silver Strip Expo 2-3pm.
- *Silverman mandatory Pre-race Athlete Meeting* 3pm-4pm (approx) located at Henderson Multigenerational Amphitheater adjacent to the finish line.

Sunday, November 9th, 2008

- Transportation from Sunset Station Hotel to the swim start will be provided for athletes only. Bus pick up for athletes staying at or commuting to Sunset Station Hotel begins at 4:00am. The last bus will leave the hotel at 6:30am sharp. We suggest you do not wait for the last bus so that seating is available for everyone.
- T1 transition area will be open from 4:30am to 7:30am. During this time athletes will need to turn in their bike/run feed bags and dry clothes bag. Athletes can also make any final tune ups or checks to their equipment in the transition area. Athletes will also need to get body marked during this time. Please do not wear any lotion prior to body marking. If you wear contacts or eyeglasses and will need these after the swim we will have a table at the swim start to place your glasses. Please put your race number on your glasses. All Full-Distance Athletes should be clear of transition and making their way to swim start by 6am.
  ONLY ATHLETES WILL BE ALLOWED IN THE TRANSITION AREA.
- The Silverman Full Distance Triathlon will begin promptly at 6:30am and will conclude at 12am midnight. Full-Distance and relays athletes will begin the swim together as a mass start. Please remember to review the cut off times that are placed on this race as they will be strictly enforced.
- The Silverman Half-Triathlon will begin promptly at 8:00am. All Half-Distance Athletes and Collegiate relay athletes should be clear of transition and making their way to swim start by 7:30am.

Wave Starts for the Silverman Triathlon:
Silverman Full Distance Individuals and Relays: 6:30am
Silverman Half Distance Individuals and Collegiate Relay: 8am
Silverman Operation Rebound Athletes and Relays: 8:15am

Monday, November 10, 2008

- The Silverman Triathlon Awards Banquet will be held at Henderson Convention Ctr 9:00 - 11:30am. Athletes will eat free and are encouraged to bring friends and family along. Cost for guest tickets are $25 and can be purchased online during athlete registration or during the event. Tickets for guests can be purchased at the Silverman Expo Store or at the door for $25, cash only please.
- Early Registration for 2009 begins today. We're offering a special entry price of $350 for Full-Distance, $450 for Relays and $185 for Half-Distance athletes that sign up between November 10th and November 20th, 2008.